

April 2017

P.O. Box 320,
Keewatin, ON
P0X 1C0

Central Service Location

212 4th Ave. S., Kenora
Ph: (807) 467-8770
Fax: (807) 467-2666
Toll Free: 1-877-224-2281

Healing Lodge

Obashkaandagaang First Nation
Phone: (807) 543-1065
Fax: (807) 543-1126
Toll Free: 1-800-656-9271

Administration

6-621 Lakeview Dr., Kenora
(807) 467-2453
(807) 467-8341

Outpatient Hostel

Lake of the Woods District Hospital
21 Sylvan St. Kenora
Phone: (807) 468-9861 ext. 2335
Fax: (807)-468-3488

Minaki Nursing Station

276 Winnipeg Ave. Minaki
Phone: (807) 224-3531
Fax: (807) 224-3103

www.wnhac.org

April is Pap-A-Palooza month!

- Have you been screened for cervical cancer? Women between the ages of 21 to 69, who have been sexually active should be screened for cervical cancer every 3 years. Book your Pap test today! Call 807-467-8770 or the Pap-A-Palooza Hotline at (807) 684-7787 to find a clinic near you. Learn more about cervical cancer screening here: www.cancercare.on.ca/paptest
- ♦ All eligible women in Northwestern Ontario who complete their Pap test between April 1st and April 30th, 2017 can be entered to win the Pap-A-Palooza Grand Prize of 2 weekend passes to Bluesfest 2017!
- ♦ ** A Pap test is the only way to detect early changes that might lead to cervical cancer! **

Easter Treat!

Ingredients:

- 3 different Colored Greek Yogurts
- Whip cream
- Peeps (optional)
- Sprinkles (optional)

Directions:

- Add 2 drops of red food coloring to the strawberry yogurt to make it more pink
- Layer the yogurt and whip cream, a layer of yogurt, then a layer of whip cream and repeat
- **Optional:** add some sprinkles and peeps to make it more fun! Enjoy!



April 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> ◆ Clinic open Monday—Friday, appointments required ◆ Same day appointments available—call day of to book ◆ Evening Clinics held Tuesdays and Wednesdays (NP, MD) ◆ Counselling appts available Tuesday Evenings 						1
2	3 NP: WD, NWA37A, OBK, SL39 CHN: OBK, NWA33A CO: NWA37A, OBK	4 NP: RP, DAL, SL40, WAB DES: DA CHN: SL39, NWA37A FC: DA CO: SL39	5 NP: NWA33A DES: WFB CHN: SL39, RP FC: WFB CO: SL39	6 NP: GN, SL39, WD, WFB DES: GN RPN: GN CHN: RP FC: GN CO: WFB <i>Prenatal Group</i>	7	8
9	10 NP: WD, NWA37A, OBK, CHN: OBK, NWA33A CO: WD, GN RET: WD	11 NP: RP, DAL, SL40, NWA33B/37B MD: WON, DES: NWA33A/37A CHN: SL39, NWA37A FC: NWA33B/37B RPN: DA CO: DA, SL39	12 NP: NWA33A DES: WD, SL40 CHN: SL39, RP FC: WD, SL40 CO: SL39	13 NP: GN, SL39, WD, WFB DES: OBK RPN: WFB CHN: SL40, RP FC: OBK CO: NWA33A <i>Prenatal Group</i>	14 GOOD FRIDAY Office Closed	15
16	17 EASTER MONDAY Office Closed	18 NP: RP, DAL, SL40, DES: WD CHN: SL39, NWA37A FC: WD, GN CO: SL39	19 NP: NWA33A DES: RP, SL39 CHN: SL39, RP FC: RP	20 NP: GN, SL39, WD, WFB DES: WFB RPN: WD CHN: SL40, RP FC: WFB CO: WFB <i>Prenatal Group</i>	21	22
23 30	24 NP: WD, NWA37A, OBK, CHN: OBK, NWA33A CO: WD, GN	25 NP: RP, DAL, SL40, CHN: SL39, NWA37A FC: NWA33A/37A CO: NWA33B/37B, SL39	26 NP: NWA33A CHN: SL39, RP FC: SL39 CO: SL39/40?	27 NP: GN, SL39, WD, WFB RPN: WFB CHN: SL40, RP CO: NWA33A, <i>Prenatal Group</i>	28	29

Communities:

GN	Grassy Narrows	SL39	Shoal Lake 39	DA	Dalles
NWA33A	Dogpaw Lake	SL40	Shoal Lake 40	WD	Whitedog
NWA33B	Angle Inlet	NWA37A	Regina Bay	WFB	Whitefish Bay
OBK	Obashkaandagaang	NWA37B	Windigo Island	RP	Rat Portage
WAB	Wabigoon	CSL	Central Service Location	MNS	Minaki Nursing Station

Services:

CHN	Community Health Nurse	HL	Healing Lodge
DD	Diabetic Dental	HP	Health Promotion
DES	Diabetes Education Services	NP	Nurse Practitioner
CO	Counselor / Therapist	RPN	Blood Work
FC	Footcare	RET	Retinopathy

